

# Giftabled Foundation U P Parents Training report

**Date:**18/3/2023 to 21/3/2023

**Place:** our own building El Center Balrampur

**Total Participants :40**

## Introduction:

Before organizing this residential parents training we finalized the place, in Balrampur. we had searched many places But we did not get suitable place for this training so finally we got a best place at our El center building in Balrampur with help of our director. then we all mobilized the parents for this training, we informed to all parents and they agreed to come, then we had taken schedule from Resources person and shared what are the content of training, According to that we had done preparation and we started training on from 18/03/2023 to 21/03/2023

### **1<sup>st</sup> Day - 18/3/2023**

Miss Netra started training at 10.30 AM with introduction of parents, before going to start this training asked the parents what are the expectation on this residential parents training. later on all parents shared about what they wants to learn like good positioning and feeding demonstration, social interaction with children like family members and surrounding people.



After that we “conducted pre to all parents. orientated to all parents about Normal child Development and how to Identifying delay development after that he

After the Use of Local material how will maintaining child body positions

- Using Bedsheets ,Pillows , Card bord sheet demonstrating head control, crawling Sitting positions ,standing , Rolling walking each one step activites we teach to the parents and Instances after our demonstrating parents



demonstrated each activities parents very happy to learn this new activities using the local material's benefits.

- Creating Sensory walking path: children walks grass ,stoners, wooden sticks, sand ,hot water,



different mates, cold water in this activities children are enjoy lot

After that he conducted game on Activities through music, when we stop the Music, parents will do the activity who holding the ball. End of the day totally 45 parents were participated actively.

## 2<sup>nd</sup> Day – 19/3/2023



We started 2<sup>nd</sup> day training at 7.00 AM with Brushing, Bathing and dressing demonstration to parents, in this moment all EI staff participated and learnt how to do brushing, bathing and earlier some of Parents were not done brushing and bathing. So resource person has demonstrated .



After the bathing and dressing resource person demonstration about feeding to the parents. Then parents had a breakfast after the breakfast all parents moved to training hall At 9.00 AM. We started training with parents,

- demonstration Using Local materials Pre paring Sensory materials Teaching learning materials making matching colors and shapes , pre writing finger tracking ,number concept, sensory footpath.

- After the lunch we explain to parents staff and Instance what are the uses of teaching learning materials. And how to teach based on the teaching materials.



- During the Training how to Hyper control behavior modification : using different thing creating obstacles walking using chairs, veg bord rings, wheels , tables, stones all children crossing the obstacles enjoyed, after children actives orientation to parents Importance .

- After that with support willson and Ramesh support how to use local material's like Use car wheels , two stones , use small chair cut chair circle every day practices child should use materials with time table it useful child will learn toilet training.



- During training we demonstrated to parents teach parents how to maintain daily leaving activities chart.

- How Feeding child. Resource persons spoke about important of parents to taking position for feeding time and how to feed the child. Oriented to all parents How stimulate

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Evening we conducting group activities passing ball in container .

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### After the breakfast Speech and communication class



- Breathing and blowing activities using Local Materials like: Atta, small paper pies , wight ball, candela, tharmocoal balls in bottle , blowing seeds
- Tough stimulation by using home things : Put sat ,sauger, salt, honey , chili part of tough how to route and make sound like: la, lemon, li different sound and easily identifying *child* tough tie problem also. How to reliving problem trough tough stimulation actives we demonstrate the parents

- Lip stimulation: using Ice stick , honey and Sauger : making papa, appa,

- Oro motor stimulation and how to control Dorling: using lollipop stimulate tough , cheeks ,gums
- Different sound making :during the training we teach to parents using child hand and mother hand over pronouncing amma ,bha, UU, EEE, two letter words using Apple and different object making different sound



During the trainig sensory to children we given different types of sensory experience using: ginger ,garlic, pickles, sugar ,sat ,Ty mender , lemon, for smell using agrabhati

Lunch we went to training hall. later Netra conducted activities on scribbling and coloring activities to children and in this activity we used Ice crème sticks, bangles , paper, gum and crayons. All parents has supported to their children so many shapes doing colors and enjoyed the children. And also we conducted sensory activity for children with using natural things.



Some parents have difficulty teach sorting and matching attention activities: Using Vegetables and color beads ,fruits. I demonstrate to parents sorting and matching using two object steps through the child parents are understanding the concept.

Evening During the training Mr, Santhosh kumar demonstrating some craft activities using paper making different types birds , vaches children are enjoy hole day training

Group Music activities: Ball passing activities in group

**4<sup>th</sup> Day- 21/3/2023**

4<sup>th</sup> day we took children and parents for outing to refreshment of the children. We went to Sharbasti Then we went to Kids Garden and children played all the game with the help of



parents.. During this outing children and parents enjoyed a lot and children have got different experience in different environment

**Thank you**

